

Menu 1

	Breakfast	Lunch	Afternoon Tea
Monday	Toast	Battered fish, wedges, Peas and sweetcorn. Pineapple & custard	Toasted Bagel, Soft cheese & Yoghurt or Fruit
Tuesday	Cereal Milk	Roast chicken, potatoes, Veg & Gravy Sugar free Jelly & Cream	Ham/Chicken/Tuna rolls/wraps & Salad
Wednesday	Pancakes, Banana & Milk	Lasagne, Salad/vegetables & Garlic bread Greek yoghurt & fruit	Rice cakes, Soft cheese & cherry tomato Melon
Thursday	Cereal Milk	Vegetable soup, ham or chicken roll. Fruit Salad	Crumpets, Salad sticks (peppers & cucumber)
Friday	Toast	Sausage, mash & beans Angel Delight & strawberries	Pancakes & banana

Rolling Fruit throughout the day

Water and Milk offered throughout the day

All special dietary needs will be catered for upon request

Menu 2

Breakfast

Lunch

Afternoon tea

Monday	Cereal Milk	Chilli con carne with Rice Blueberries & yoghurt	Toasted Muffins, Soft cheese & Cucumber
Tuesday	Pancakes, Banana & Milk	Tuna & vegetable pasta bake Reduced fat ice cream.	Beans on wholemeal toast Fruit
Wednesday	Cereal Milk	Chicken curry & Rice with sweetcorn Fruit Salad	Sandwiches/wraps & salad Yoghurt
Thursday	Toast	Jacket potato, cheese and beans. Greek yoghurt & Mixed fruit	Pitta bread, dips & salad sticks (peppers & cucumber)
Friday	Cereal Milk	Scouse, crusty bread & beetroot Sugar free Jelly and Cream	Rice cakes, soft cheese, cherry tomato & cucumber

Rolling Fruit throughout the day

Water and Milk offered throughout the day

All special dietary needs will be catered for upon on request

Menu 3

Breakfast

Lunch

Afternoon tea

Monday	Cereal Milk	Chicken curry with rice & Vegetables, Naan bread Yoghurt	Wraps Melon
Tuesday	Toast	Cottage Pie, vegetables and gravy. Rice pudding & cinnamon	Breadsticks, Ham, houmous & salad sticks
Wednesday	Cereal Milk	Jacket potatoes, Tuna mayo & Salad Fruit Salad	Beans on wholemeal toast
Thursday	Pancakes, Fruit Milk	Mince pasta Bolognese, Vegetables & Garlic bread Banana Custard	Crackers/Rice cakes, soft cheese & cherry tomato Yoghurt
Friday	Cereal Milk	Salmon fishcake/nuggets, mash & Broccoli Peaches & Cream	Crumpets & Salad sticks

Rolling Fruit throughout the day

Water and Milk offered throughout the day

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